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OUR MISSION IS STUDENT SUCCESS...ACADEMIC, ARTISTIC, AND HUMANISTIC

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## COUNSELING OFFICE WEEKLY NEWSLETTER

February 4, 2010

### SCHOLARSHIP OPPORTUNITIES:

#### **SAMMY 2010 “Scholar Athlete Milk Mustache of the Year” Award -**

The SAMMY awards recognize exceptional high school student athletes across the country who demonstrate excellence in the classroom, on the athletic field and in their communities. Visit <http://www.bodybymilk.com/> for complete rules, information and an online application. Each winner will receive a \$7,500 college scholarship, an invitation to an awards weekend in June 2010 and an opportunity to star in a special *Got Milk?* Milk Mustache ad in USA TODAY and other national publications.

**Kohl’s Kids Who Care Scholarship Program** - This program recognizes and rewards young volunteers (ages 6-18) whose efforts have made a positive impact on their communities. This year, the Kohl’s Kids Who Care Scholarship Program plans to recognize more than 2,100 kids with more than \$410,000 in scholarships and prizes. More than 2,100 store-level winners are expected to receive a \$50 Kohl’s Gift Card. More than 200 regional winners will be awarded a \$1,000 scholarship. Ten national winners will receive a total of \$10,000 in scholarships and Kohl’s will donate \$1,000 to a nonprofit organization on each winner’s behalf. Visit [www.kohlskids.com](http://www.kohlskids.com) for official rules and to nominate a young volunteer today. Nominations accepted February 1 – March 15, 2010. See your counselor if you think you might qualify. Nomination deadline is March 15, 2010.

**Delta Nu Omega Chapter Community Foundation 2010 N. Brandon Memorial Scholarship** - The 2010 Scholarship Program will award scholarships in two categories. **Category I:** Candidates must have a 3.0 or better GPA and have been accepted to or is being considered for acceptance to a post-secondary educational institution. **Category II:** Candidates must have a 2.5 or better GPA and have been accepted to and plan to attend a historically Black College or University. **Additional criteria for selection in both categories:** The applicant has developed leadership skills, strong moral character or has shown exemplary abilities through participation in school and communities. The applicant must also exhibit the continuous

pursuit of academic excellence. Applicant has submitted the completed application and all supporting documentation by March 1, 2010. Mail the complete application packet to: Urban League of Rochester, N.Y. Inc., Black Scholars Program, Attention: Ms. Annette Rouse, Delta Nu Omega Chapter Community Foundation Scholarship Program, 265 N. Clinton Avenue, Rochester, N.Y. 14605. The application and all related materials should be postmarked no later than March 1, 2010. Application packets are available in the counseling offices.

### **The Community Foundation Algonquin Campership Award**

**Purpose of Scholarship** - To provide financial assistance through camperships for needy children ages 8 – 16 especially those from Upstate New York, to attend canoe-tripping camps in Algonquin Park in Ontario, Canada. **Number and Size of Awards:** For individual, several awards annually, ranging from \$500 to \$3,000 each. For groups, the amount will vary. **Allowed Use of Award:** Awards may cover the cost of attending camp and/or necessary supplies and clothing. **Eligibility Criteria:** Applicants must have financial need, already be registered at a wilderness camp in Algonquin Park and be a U.S. citizen or a resident alien. Applications are available at <http://www.racf.org/>. All documents must be submitted to Scott Forsyth by April 1, 2010 to the address listed: Scott Forsyth, 61 Douglas Road, Rochester, N.Y. 14610.

**Delta Delta Delta Rochester Alumnae Chapter** - A \$1,000 scholarship will be awarded to a young woman from Monroe County. This scholarship will be awarded on the basis of scholastic ability, school and community activities, and financial need. Any woman who is currently enrolled in a Monroe County high school and who will be attending college in September 2010 is eligible to apply. Applications must be submitted no later than March 15, 2010. Financial need will be based on financial aid qualifications. Applicants must submit a photocopy of the financial aid form with their application. Applications are available in the counseling offices.

**Elmira College Key Scholarship** - The candidate must be a **junior** in high school and be confirmed as being in the top 10% of the class or have an acceptable rank in class in academic courses as determined by the Elmira College Director of Admissions. A minimum academic grade average of 90 is expected, grades in academic courses and Regents Examination scores are considered. The candidate must have demonstrated outstanding school and community leadership. The completed applications, transcripts and counselor recommendation, completed fully, must be postmarked by March 31, 2010. Please contact Ms. Rebecca Coakley, Admissions Counselor in the

Elmira College Office of Admissions at (607)735-1724 if you have any questions regarding the application process. Applications are available in the counseling offices.

**Family First Federal Credit Union Scholarship** - Family First of NY Federal Credit Union will be awarding two \$1,000 college scholarships to the winners of our Video Scholarship contest. Instead of writing an essay, create a video telling us what you do with your money – “Save It or Spend It?” and why. Applicants must have an account at Family First Federal Credit Union in their name, be members in good standing and must plan to attend an accredited college or university in the 2010-2011 school year. Applications are available in the counseling offices. Applications must be received in one of the branches no later than March 19, 2010. Scholarship recipients will be selected based on video responses.

**SAT Test Dates**

March 13

May 1

June 5

\*SAT website: [www.collegeboard.com/sat-achieve-more](http://www.collegeboard.com/sat-achieve-more)

**Registration Deadlines**

February 4

March 25

April 29

**ACT Test Dates**

February 6

April 10

June 12

\*ACT website: [www.actstudent.org](http://www.actstudent.org)

**Registration Deadlines**

January 5

March 5

May 7

**ADDITIONAL INFORMATION:**

**College 101 for Parents – Financial Aid & Scholarships** - A free community-wide event hosted by MCC on Wednesday, February 10, 2010 from 6-7:30 PM at Monroe Community College, 1000 East Henrietta Road, R. Thomas Flynn Campus Center, Monroe A and B. Reserve your place today. Register online at [http://www.monroecc.edu/depts/admiss/parent\\_registration.htm](http://www.monroecc.edu/depts/admiss/parent_registration.htm). Maps and driving directions can be found on the MCC web site [www.monroecc.edu](http://www.monroecc.edu).

**SUNY Statewide Student Financial Aid Days** will take place Saturday, February 27, 2010. SUNY campuses across New York State will offer financial aid workshops. A number of participating campuses will provide hands-on assistance from SUNY financial aid professionals in completing the Free Application for Federal Student Aid (FAFSA). Web access to

complete the FAFSA will be offered on some campuses. Students may register online at <https://www.suny.edu/student/event> or by calling the SUNY Recruitment Response Center at 1-800-342-3811. Host campuses will confirm by mail or email with registrants and provide program details including specific workshops to be offered, time, location and parking instructions.

**Professional Tutoring Service SAT Spring Review Courses -**

March 13 exam review: January 31 through March 7

May 1 exam review: March 14 through April 25

June 5 exam review April 25 through May 23

All review sessions take place on Sunday afternoons from 12-4 PM for five weeks. The location is Murphy Hall, St. John Fisher College, 3690 East Avenue. Students receive twenty-hours of instruction with highly skilled instructors with a focus on writing, verbal and math skills and strategies for taking the SAT to build student confidence. The registration fee is \$425.00 and includes review book and materials. Registration forms are available in the counseling offices. For more information please call 244-9155.

**High School Juniors - Sample a bit of college life at Towson University's Open House:**

Friday, April 23

Friday, April 30

The program begins at the University Union at 10:00 AM and concludes around 2:00 PM. Space is limited, so make your reservation by calling (410)704-2000.

**Miss Puerto Rico of Rochester 2010 Pageant -** The first pageant meeting is this Saturday, February 6 at Ibero, 777 Clifford Avenue, from 11:30 until 1:30 PM. If you have any questions, please call Ingrid Colon, Coordinator at 217-2213 or Coralís Rivera-LaBoy, Coordinator at 615-7427. Application fee: \$50.00 non-refundable due by February 13, 2010. Applications, Rules and Regulations and Consent Forms are available in the counseling offices.

**University of Rochester Pre-College Experience in Physics To Encourage the Participation of Women in Science -** There is no fee for the program. Applicants should currently be in Grade 9 or 10. Participants are responsible for their own transportation and lunch. Space is limited to 24 students. The program runs from July 6 through July 29. Application materials are due by April 30, 2010. For more information contact Connie Jones at 275-5306 or visit the website [www.pas.rochester.edu/PREP/](http://www.pas.rochester.edu/PREP/).

**Think About Teaching** - The annual Think About Teaching Conference will take place on Monday, March 15, 2010 at SUNY Geneseo. Students who are interested should see Mr. Murphy in the SOTA Counseling Office, Room A 179.

**NYSED NYSSSA Summer Program Audition Schedule** - NYSSSA auditions for Drama, Modern Dance and Ballet will be held at SUNY Brockport on Saturday, March 7, 2010. Please visit the website for further details: <http://www.emsc.nysed.gov/nyssa/>.



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February 22, 2010

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**AES Engineers Scholarship** - Students must submit an essay of no more than 1,000 words in answer to one of the two questions that are posted on the website: <http://www.aesengineers.com/scholarships.php>. The amount of the award is \$500.00. Deadline for entry is October 8, 2010.

**The Community Foundation Reach for the Green Scholarship** - Eligibility Criteria: The student must be a graduating senior; be continuing on to a 2 or 4-year college; demonstrate financial need; demonstrate scholastic ability with an 80% or higher high school GPA; have at least two years of golf program involvement or golf-related experience through employment; community service or high school sports. Applications are available in the counseling offices or on-line at <http://www.racf.org/>. Students must complete the application and return the completed application packets to the following address by the first Friday in May: The Community Foundation, 500 East Avenue, Rochester, NY 14607. This award is renewable for a total maximum of \$5,000 over four consecutive years.

**Verizon Wireless/UNCF Black History Month Essay Contest** – Twenty-five eligible students will be selected for the 2010-2011 academic year and will receive a scholarship of up to \$5,000 each and a personal technology make-over including an HP Netbook, a Motorola DROID cell phone and Verizon Wireless gift cards. In order to apply, students must be a graduating high school senior; have a minimum cumulative GPA of 2.0 on a 4.0 scale; prove residency in New York State; complete the standard scholarship application in its entirety, including a current high school transcript and completion of a 500 word essay on-line at <http://www.uncf.org/>; have full-time enrollment status at a four-year accredited College or University for the fall semester during the Academic Year 2010-2011 with verifiable acceptance on or before May 1, 2010. Each applicant must respond to the following question through an essay of no more than 500 words: *How has the evolution of wireless technology changed the world we live in?* Scholarship applications are due by March 15, 2010 at 11:59 p.m. EST.

**Rochester West Indian Festival Organization, Inc. Scholarship -**

Applicants must have applied to an accredited institution of higher learning; provide an official high school transcript (inclusive of SAT and/or ACT scores); include two letters of recommendation: one from a high school counselor or current teacher and one from a community leader, former teacher, minister, employer or mentor. Applicants must have a minimum of a 3.0 grade point average. Applications are available in the SOTA Counseling Offices. The complete application packet must be mailed to: Rochester West Indian Festival Organization, P. O. Box 40245, Rochester, NY 14604, no later than March 1, 2010.

**The Katharine M. Reichel Award** – A \$1,000 award that recognizes women high school seniors who have selected education as a career and will study at The College at Brockport. Applicants must also have demonstrated leadership qualities; outstanding academic ability; potential for success in the education profession; and have been accepted for the fall semester 2010 at The College at Brockport. This \$1,000 award, valued at a total of \$4,000 is renewable for the four years of study if the candidate maintains eligibility. All materials must be postmarked no later than April 9, 2010 to The College at Brockport Foundation Scholarship Office. Applications are available in the SOTA Counseling Office or on-line at <http://www.brockport.edu/scholarships/>.

**Zonta International Foundation Young Women in Public Affairs Award -** Recipients will receive \$1,000. Who is eligible? Women who are pre-university or pre-college students and who demonstrate evidence of active commitment to volunteerism; evidence of volunteer leadership achievements; evidence of international awareness and evidence of dedication to advancing the status of women worldwide. Applications are available in the SOTA Counseling Offices. The application deadline is March 15, 2010.

**The American Association of Blacks in Energy Scholarship –**

Eligibility: Candidates must have, minimally, an overall “B” academic average and a “B” average in mathematics and science courses (3.0 or better on a 4.0 scale); be a graduating high school senior who has applied to one or more accredited colleges/universities; plan to major in business, engineering, technology, mathematics or physical science fields; demonstrate financial need; be a member of one of the under-represented minority groups (African American, Hispanic or Native American) in the sciences and related areas of technology. The NY Metropolitan Area Chapter of AABE will award three (3) \$2,000 scholarships. The top winner’s application is forwarded to

compete for a NY Metropolitan Area Regional Award of \$3,000. Additionally, a Premier Award of \$5,000 is given annually to the candidate who is judged to demonstrate the most outstanding achievement and promise. Complete application packages must be postmarked no later than March 19, 2010. Applications are available in the counseling offices.

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\*SAT website: [www.collegeboard.com/sat-achieve-more](http://www.collegeboard.com/sat-achieve-more)

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**Registration Deadlines**

March 5

May 7

**ADDITIONAL INFORMATION:**

**Harvard University** – If you know of a family earning less than \$60,000 a year with an honor student graduating from high school soon, Harvard University wants to pay the tuition. This prestigious university recently announced that from now on undergraduate students from low-income families can go to Harvard for free... no tuition and no student loans! For more information visit Harvard's financial aid website at:

<http://news.harvard.edu/gazette/hpac/> or <http://www.fao.fas.harvard.edu> or call the schools financial aid office at (617) 495-1581.

**Fairy Godmothers of Greater Rochester Prom Fair 2010 Registrations -**

Will take place on Saturday, March 20<sup>th</sup> from 10:00 a.m. until 4:00 p.m. at the Rochester Riverside Convention Center. Please read all eligibility requirements before going on site to register at

<http://www.fairygodmothersrochester.com/>. To be eligible students must be a high school junior or senior; actively attending school and attending your own prom. An invitation and a valid school ID are required to participate in Prom Fair 2010. Please be prepared to wait, it is first come, first served. We can only accommodate so many girls at one time. You may bring one guest and may shop for one dress and matching accessories. The donation for a dress is \$5.00; accessories are \$1.00 and \$2.00. Cash only please. Please fill in all fields. Once the application is approved, an e-mail invitation to Prom Fair 2010 will be sent to the address provided. Please print it and bring it with you to the Prom Fair. For more information please see Ms. Daniels in the second floor house office, Ms. Mendicino in room M325, Ms. Parker in

Room 176 or a school counselor. There are hundreds (maybe thousands!) of new or gently used beautiful gowns.

**Historically Black Colleges and University Transfer Fair for College-Bound Students** – On Tuesday, March 16, 2010 from 6:00-8:30 p.m. at Monroe Community College, 1000 East Henrietta Road, Rochester, NY at The Warshof Conference Center at the R. Thomas Flynn Campus Center, Monroe A and B. Free Parking in Lot M. Register online at [http://www.monroecc.edu/depts/admiss/hbcu\\_registration.htm](http://www.monroecc.edu/depts/admiss/hbcu_registration.htm) or call Marge McNeil at 585-292-2231. For maps and directions, visit <http://www.monroecc.edu/go/maps>

**New York Committee for Occupational Safety and Health “YouthSafe Contest”** – All youth, ages 14 – 19, who live in New York State, can submit entries. Develop a message using your own words and ideas to explain how employers and teens can keep workplaces safer and healthier. Then design a poster, develop a public service announcement/video or write an essay, short story, or newspaper article for your school paper that communicates your message to other young workers. Details for each contest can be found at <http://www.nycosh.org/> and click on “Young Workers.” Be sure to print and fill out the Contest Release/Entry Form and mail it in with your entry. The deadline is April 30, 2010. First prize in each category is \$400, second prize in each category is \$300, third prize in each category is \$200 and the teacher of the first-prize winner in each category wins \$100.

#### **SUMMER OPPORTUNITIES:**

**Summer Camps** – Please visit:

<http://www.democratandchronicle.com/apps/pbcs.dll/article?AID=20102150332> .

**RochesterWorks! Digital Skills for Youth Summer 2010 Program** – Are you ready to gain the skills employers are looking for and use them in a paid internship? Join Digital Skills for Youth and become digitally certified. Requirements: Students must be motivated to work on their own, be 16-21 years old; have access to a computer and the Internet (at home, school, library or RochesterWorks! Computer Lab); provide a reference from a teacher, counselor, youth leader, employer or other professional; and complete 10 on-line courses in computer and business skills. Applications are available in the SOTA Counseling Offices. Applications are due by April 9, 2010. You must meet income eligibility requirement. For more information contact: Caridad Sosa-Blackwell at 585-258-3554 or [csblackwell@rochesterworks.org](mailto:csblackwell@rochesterworks.org) or Geoff Bieber at 585-258-3552 or

[gbieber@rochesterworks.org](mailto:gbieber@rochesterworks.org) 225 N. Goodman Street, Rochester, NY  
14607.

**2010 Summer Research Program for High School Juniors: Laboratory for Laser Energetics at the University of Rochester** – The University of Rochester will be holding a summer research program for Rochester-area high school students who have just completed their junior year. The program will begin July 6, 2010 and continue through August 27, 2010. To apply, a student must submit a letter indicating their desire to take part in the program and fill out an application form. The student must also submit a short essay describing their interest in science and technology and their future goals. As supporting material, the student must submit a copy of their transcript and a letter of recommendation from a science or math teacher, which may be mailed separately. The student's home telephone number must be included. These should be mailed to Dr. R. Stephen Craxton, Laboratory for Laser Energetics, 250 East River Road, Rochester, NY 14623-1299 to arrive by a strict deadline of 5:00 p.m. on Wednesday, March 24, 2010. Applications are available in the SOTA Counseling Offices or by calling Ms. Jean Steve at 585-275-5286 or from the LLE website <http://www.lle.rochester.edu/>. Questions regarding the program may be addressed to Ms. Steve or to Dr. Craxton at 585-275-5467.